

## TRUCKEE MEADOWS PARKS FOUNDATION

AWARENESS • APPRECIATION • STEWARDSHIP

## TRAIL RATING SYSTEM

Rating the Guided Hikes: Elevation Gain, Trail Type, and More We've gone above and beyond to ensure that each trail featured in this year's guided hikes is reviewed based on its length, elevation gain, and type. We've also factored in other important elements such as loose terrain and sun exposure to keep you well-informed.

**RATING** 

SYMBOL

**DESCRIPTION** 

**EASY** 



Suitable for anyone who enjoys a good walk. None to little incline.

Distance: Under 3 miles Elevation gain: 0-300ft

**MODERATE** 



Enjoyable for the walker that wants to push themselves to the next level. Moderate Incline.

Distance: Under 4 miles

Elevation gain: 300-600ft

MODERATELY STRENUOUS

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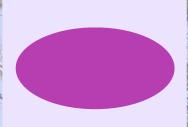
The casual hiker will enjoy this hike.

Moderate inclines that may have

some steeper sections.

Distance: Under 5 miles Elevation gain: 600-900ft

**STRENUOUS** 



This is for the "boots on the ground" hiker. Often steady and steep inclines at times.

Distance: 5+ miles Elevation Gain: 900ft

LOOK FOR THESE RATINGS ON YOUR GUIDED HIKE SCHEDULE



